

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Overfields Menu Autumn 2019

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<b>Main</b>	Pork Sausage in a Hot Dog Roll with Potato Wedges	Mince Beef Casserole with Eston Dumpling and Mashed Potatoes	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	Fishfingers with Chips
2-9-19	<b>Vegetarian</b>	Quorn Sausage in a Hot Dog Roll with Potato Wedges	Macaroni Cheese	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Shepherdess Pie with Gravy	
23-9-19		Sweetcorn	Green Beans	Carrots	Roasted Mixed Vegetables	Baked Beans
14-10-19		Garden Peas	Cauliflower	Broccoli		Peas
11-11-19	<b>Dessert</b>	Fruit Crumble with Custard	Orange Drizzle Cake	Rice Pudding with Fruit Sauce	Fruit Pie with Custard	Chocolate Krispie Cake
2-12-19						
Week 9-9-19	<b>Main</b>	Beef Burger in a Bun with Jacket Wedges	Chicken Curry with Rice	Roast Gammon & Pineapple with Roast Potatoes and Gravy	Cottage Pie with Gravy	Breaded Fishwich with Chips
30-9-19	<b>Vegetarian</b>	Quorn Burger in a Bun with Jacket Wedges	Cheese & Potato Whirl with Baby New Potatoes	Quorn Fillet with Roast Potatoes and Gravy	Cheese & Tomato Pizza with Baby New Potatoes	
21-10-19		Sweetcorn & Peppers	Peas	Cabbage	Sweetcorn	Baked Beans
18-11-19		Green Beans	Cauliflower	Carrots	Broccoli	Peas
9-12-19	<b>Dessert</b>	Fruit Jelly with Mandarins	Carrot Cake	Fruit Crumble with Custard	Eves Pudding with Custard	Chocolate Shortbread
Week 3	<b>Main</b>	Spaghetti Bolognese with Garlic Bread	Chicken & Sweetcorn Pie with Gravy and Mashed Potato	Roast Turkey & Stuffing with Roast Potatoes and Gravy	Chicken Sausage Pasta Bake	Fish in Batter with Chips
16-9-19	<b>Vegetarian</b>	Quorn & Veg Fajita Wrap with Rice	Vege Mince & Vegetable Noodle Stir-Fry	Vegetarian Hot-Pot with Gravy	Margherita Pizza with Savoury Wedges	
7-10-19		Green Beans	Peas	Mixed Winter Vegetables	Broccoli	Baked Beans
4-11-19		Carrots	Cauliflower		Carrots	Peas
25-11-19	<b>Dessert</b>	Banana Loaf with Custard	Rice Pudding with Fruit Sauce	Fruit Crumble with Custard	Chocolate Sponge with Chocolate Sauce & Oranges	Oat Cookie
16-12-19						



Available Daily  
Freshly cooked Jacket Potatoes with a choice of fillings (where advertised)  
Freshly Baked Bread - Salad selection - Fruit and Yoghurt