

The teaching of PSHE (including RSE) supports the following areas of the Curriculum Vision for Overfields Primary School

To have secure basic skills in maths and English

Through PSHE teaching the children will become more resilient, confident and determined. This will help them to recognise the importance of their maths and English learning. When they become challenged they will have the ability to recognise their emotions and use techniques to help them overcome their difficulty. They will have a deeper understanding of how their health impacts their learning and how important maths and English skills are for their future as adults.

To have a love of reading

To stay healthy and safe

Staying healthy and safe is central to PSHE. Children will learn how to keep their bodies healthy through exercise, sleep, diet and hygiene but equally as vital they will learn about the importance of their mental health. Children will learn to keep safe in a range of situations. They will be taught to talk to someone for help and advice if they need it and they will discuss who this could be.

To be aspirational

PSHE will promote children to be aspirational as it will teach them key skills which will enable them to be the best they can be throughout their life. They will have a clearer understanding of how to form relationships and maintain them. They will develop empathy, respect, care and understanding. They will learn to believe in themselves and have role-models to look up to. Children will know they can aspire to reach their goals.

To be respectful and caring

Being respectful and caring is paramount to PSHE. Different types of relationships will be learnt and children will understand how they differ and how they can be maintained. They will develop an understanding of emotions and how to manage their own and support others' with theirs too. They will know what respect is and why it is crucial. Children will know that people, the environment and property require respect. Charity and community work will be shared and the importance of using manners will be fundamental.

To be inquisitive, independent and problem solvers

Through PSHE children are encouraged to ask questions and be comfortable when talking about different topics. They will be taught to inquire how they can be better and improve. PSHE provides children with knowledge and skills that are life-long which children will take with them into their adult life where they become independent. PSHE gives children the ability to use the skills they have learnt and draw upon their knowledge to solve problems in a range of contexts.